




August 2022

JACKSON YMCA LARGE POOL SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 AM							
6 AM	5:30-10 6 Lanes Available	5:30-10 6 Lanes Available	5:30-10 6 Lanes Available	5:30-10 6 Lanes Available	5:30-10 6 Lanes Available		 YMCA Closed
7 AM						7-9 6 Lanes Available	
8 AM							
9 AM		9-10 3L Available 3L Aqua Fit					
10 AM	10-11 Mon.-Fri. 3L Available, 3L Aqua Fit Class					10-12:30 6L Available	
11 AM	11-2 6 Lanes Available	11-2 6 Lanes Available	11-2 6 Lanes Available	11-2 6 Lanes Available	11-2 6 Lanes Available	12:30-1:30 3L Zumba 3L Available	
12 PM							
1 PM							
2 PM	2-4 Mon.-Fri. 4L Available, 2L Camp Swim						
3 PM							
4 PM	August 8-18 4:30-6 Mon.-Th. 2L Available, 4L Lessons				4-6 6 Lanes Available	1:30-2:45 6 Lanes Available	
5 PM							
6 PM	6-7:45 4L Lap 2L Open Swim	6-7 3L Zumba 3L Available	6-7:45 4L Lap 2L Open Swim	6-7 3L Zumba 3L Available			
7 PM	Open to 7:45	Open to 7:45	Open to 7:45	Open to 7:45	Open to 7:45		
8 PM							
August 8-11 Lifeguard Class: 3 Lanes 8:30am-4:30pm							

SMALL POOL SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 AM to 10 AM	5:30-7:45 Open Swim	5:30-7:45 Open Swim	5:30-7:45 Open Swim	5:30-7:45 Open Swim	5:30-7:45 Open Swim	Closed	YMCA Closed
10 AM to 4 PM						7-2:45 Open Swim	
4 PM to 8 PM							

