



## Jackson YMCA Orca Swim Team June and July 2022 Season

# BE A PART OF THE TEAM

This competitive program offers children and teens an opportunity to work with trained coaches to improve swimming skills, endurance, and promote a healthy lifestyle. Teams compete locally, regionally and nationally. Swimmers progress as participants and leaders.

**Where:** Jackson YMCA Pool  
(dry land in wellness center)

**When:** Mondays, Wednesdays, Fridays 6-7:30pm  
Tuesdays 6-7pm (dry land training)

**Ages:** Two groups: 12 and under; 13 and up

**Cost:** \$50 a month

YMCA membership is required to participate

**Questions:** Contact [orcaswimteam@jacksonymca.org](mailto:orcaswimteam@jacksonymca.org)  
or 517.782.0537

Make sure to review the FAQ on the Aquatics Page at [JacksonYMCA.org](http://JacksonYMCA.org)

**Register at [JacksonYMCA.org](http://JacksonYMCA.org)**

