

EAST GYM SCHEDULE



October

Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2
5:00am														
6:00am	5-7:30am Drop-in Basketball	5-7:30am Drop-in Basketball	5-7:30am Drop-in Basketball	5-7:30am Drop-in Basketball	5-7:30am Drop-in Basketball	5-7:30am Drop-in Basketball	5-7:30am Drop-in Basketball	5-7:30am Drop-in Basketball	5-7:30am Drop-in Basketball	5-7:30am Drop-in Basketball				
7:00am														
8:00am	7:30-8:30am Open Gym	7:30-8:30am Open Gym		7:30-8:30am Open Gym	7:30-8:30am Open Gym	7:30-8:30am Open Gym		7:30-8:30am Open Gym	7:30-8:30am Open Gym	7:30-8:30am Open Gym	7am-10am Open Gym			
9:00am														
10:00am	8:30-11:30am Drop-in Pickleball	8:30-11:30am Drop-in Pickleball		8:30am-11:00am Drop-in Basketball	8:30-11:30am Drop-in Pickleball	8:30-11:30am Drop-in Pickleball		8:30am-11:00am Drop-in Basketball	8:30-11:30am Drop-in Pickleball	8:30-11:30am Drop-in Pickleball				
11:00am			7:45am-8:00pm Open Gym				7:45am-8:00pm Open Gym				10am-12pm Youth & Adult Aikido *Registration Required	7:00am-5:00pm Open Gym		
12:00pm	12-2:30pm Drop-in Basketball	12-2:30pm Drop-in Basketball			12-2:30pm Drop-in Basketball	12-2:30pm Drop-in Basketball			12-2:30pm Drop-in Basketball	12-2:30pm Drop-in Basketball			11am-3pm Open	11am-3pm Open
1:00pm				11:00am-5:00pm Open Gym			11:00am-5:00pm Open Gym							
2:00pm		2:45-5pm Open Gym				2:45-5pm Open Gym				2:45-5pm Open Gym	12pm-5:00pm Open Gym			
3:00pm														
4:00pm	2:45-8:00pm Open Gym				2:45-8:00pm Open Gym				2:45-8:00pm Open Gym					
5:00pm		5-8:00pm Drop-in Basketball		5-8:00pm Drop-in Basketball		5-8:00pm Drop-in Basketball		5-8:00pm Drop-in Basketball		5-8:00pm Drop-in Basketball				
6:00pm			6:00pm-8:00pm Youth & Adult Aikido *Registration Required											
7:00pm														

Drop-in Basketball is open gym time where members can come play pick-up games, shoot around, or practice skills at their own pace. No registration is required—just show up and play.



Gym schedule is subject to change.

Drop-In Pickleball is a casual, open play session where members can come and go as they please. No registration is required — just show up, grab a paddle, and join a game! It's a fun and social way to stay active, meet other players, and enjoy the sport at your own pace. All skill levels are welcome!

WEST GYM SCHEDULE



October

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am							
6:00am	5am-8:30am Open Gym		5am-8:30am Open Gym		5am-8:30am Open Gym		
7:00am						7am-9am Open Gym	
8:00am							
9:00am	8:30am-11:30am Drop-In Pickleball		8:30am-11:30am Drop-In Pickleball		8:30am-11:30am Drop-In Pickleball		
10:00am		5am-8:00pm Open Gym		5am-8:00pm Open Gym		9am-12pm Youth Sports Programming	11:00pm-3:00pm Open Gym
11:00am							
12:00pm	5am-8:00pm Open Gym		5am-8:00pm Open Gym		5am-8:00pm Open Gym	12:00pm-5:00pm Open Gym	
1:00pm							
2:00pm							
3:00pm							
4:00pm							
5:00pm							
6:00pm	5pm-7pm Young Athletes		6pm-7pm Club Life	6pm-8pm Open Volleyball			
7:00pm			7:15pm-8:00pm Open Gym				

Please help us welcome our youth sports participants on Saturday mornings 9:00am-11:30am. October 24 - Nov 28.



Gym schedule is subject to change.

Open Gym is unstructured gym time available for members to use the courts for activities like basketball, volleyball, or general recreation.