



Jackson YMCA

Large Pool Schedule

February 2012



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00		6:00-8:30 6L Lap Swim	6:00-8:30 6L Lap Swim	6:00-8:30 6L Lap Swim	6:00-8:30 6L Lap Swim	6:00-8:30 4L Lap Swim 2L Open Swim	7:00-9:30 4L Lap Swim 2L Open Swim
7:00							
8:00							
9:00		8:30 - 9:30 4L Lap Swim 2L Water Walk	8:30-9:30 4L Lap Swim 2L Water Walk	8:30 - 9:30 4L Lap Swim 2L Water Walk	8:30-9:30 4L Lap Swim 2L Water Walk	8:30 - 9:30 4L Lap Swim 2L Water Walk	
10:00		9:30 -10:30 4L Lap Swim 2L Swim Lessons	9:30 -10:30 6L Water Aerobics No Lap Lane	9:30 -10:30 4L Lap Swim 2L Swim Lessons	9:30 -10:30 6L Water Aerobics No Lap Lane	9:30 - 10:30 6L Lap Swim	9:30-10:30 3L Lap Swim 3L Water Aerobics
11:00		10:30-11:30 Water Aerobics No Lap Lanes	10:30-11:30 Water Aerobics No Lap Lanes	10:30-11:30 Water Aerobics No Lap Lanes	10:30-11:30 Water Aerobics No Lap Lanes	10:30-11:30 Water Aerobics No Lap Lanes	10:30-11:30 3L Lap Swim 3L Swim Lessons
12:00		11:30-1:30 6L Lap Swim	11:30-1:30 6L Lap Swim	11:30-1:30 6L Lap Swim	11:30-1:30 6L Lap Swim	11:30-1:30 6L Lap Swim	
1:00	12:00-5:30 4L Lap Swim 2L Open Swim						
2:00		1:30-2:30 Water Aerobics	1:30-2:30 Fit Mothers	1:30-2:30 Water Aerobics	1:30-2:30 Fit Mothers	1:30-2:30 Water Aerobics	11:30-6:30 4L Lap Swim 2L Open Swim
3:00		2:30-4:15 4 Lap Swim 2 Open Swim	2:30-4:30 4 Lap Swim 2 Open Swim	2:30-4:15 4 Lap Swim 2 Open Swim	2:30-4:30 4 Lap Swim 2 Open Swim	2:30-4:30 4 Lap Swim 2 Open Swim	
4:00							
5:00		4:15-5:30 3 Lap Swim 3 Swim Team	4:30-5:00 3L Swim Lessons 3L Lap Swim	4:15-5:30 3 Lap Swim 3 Swim Team	4:30-5:00 3L Swim Lessons 3L Lap Swim	4:30-6:30 3L Lap Swim 3L Swim Team	
6:00		5:30-6:30 3L Water Aerobics 3L Swim Lessons	5:00-5:30 4L Swim Team 2L Swim Lessons	5:30-6:30 3L Water Aerobics 3L Swim Lessons	5:00-5:30 4L Swim Team 2L Swim Lessons		
7:00		6:30-7:30 2L Lap Swim 4L Swim Lessons	5:30-7:00 4L Swim Team 2L Open Swim	6:30-7:30 2L Lap Swim 4L Swim Lessons	5:30-7:00 4L Swim Team 2L Open Swim		
8:00		7:30-9:30 4L Lap Swim 2L Open Swim	7:00-9:30 4L Lap Swim 2L Open Swim	7:30-9:30 4L Lap Swim 2L Open Swim	7:00-8:00 4L Lap Swim 2L Open Swim	6:30-8:30 4L Lap Swim 2L Open Swim	
9:00					8:00-8:30 3L Lap Swim 3L Tri Training W/ Beagle		
					8:30-9:30 4L Lap Swim 2L Open Swim		

Pool Hours:
 Monday– Thursday 6:00am - 9:30pm
 Friday 6:00am - 8:30pm
 Saturday 7:00am - 6:30pm
 Sunday 12:00pm- 5:30pm

The pool will close when:

- **There is thunder or lighting**
- **One half an hour before the building closes**

*** Children under the age of 8 years old must be accompanied by an adult.**
*** Lap lanes reserved for lap swimmers only.**
***The YMCA programs have priority when school is out.**



Jackson YMCA

Small Pool Schedule

February 2012



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00							
7:00		6:00-9:30 Open Swim		6:00-9:30 Open Swim			7:00-11:30 Open Swim
8:00							
9:00							
10:00		9:30-10:30 Swim Lessons Space Limited	6:00-5:40 Open Swim	9:30-10:30 Swim Lessons Space Limited	6:00-5:40 Open Swim		
11:00							11:30-12:00 Swim Lessons Space Limited
12:00							
1:00						6:00a-8:30p Open Swim	
2:00	12:00-5:30 Open Swim			10:30-9:30 Open Swim			12:00-6:30 Open Swim
3:00							
4:00		10:30-9:30 Open Swim					
5:00							
6:00			5:40-6:10 Swim Lessons Space Limited		5:40-6:10 Swim Lessons Space Limited		
7:00			6:10-9:30 Open Swim		6:10-9:30 Open Swim		
8:00							
9:00							

Pool Hours:

Monday– Thursday
 Friday
 Saturday
 Sunday

6:00am - 9:30pm
 6:00am - 8:30pm
 7:00am - 6:30pm
 12:00pm- 5:30pm

The pool will close when:

- There is thunder or lighting
- One half an hour before the building closes

* Children under the age of 8 years old must be accompanied by an adult.

*The YMCA programs have priority when school is out.